

Summer Learning

LITERACY

The Okanagan Regional Library's Summer Reading program has gone online this summer! Participate in the Summer Reading Club by signing up through the [British Columbia Library Association](#). Borrow books through their curbside pick up or through their digital catalog.

LITERACY

Start a diary/journal. Every day (or a few times a week) write what you have been up to, what you hope to accomplish this summer (goals: swim everyday in the lake!) or how you are feeling. Make journaling a new habit.

NUMERACY

Memorize those multiplication facts! Use this summer to practice and memorize all the multiplication facts by playing card games (multiplication war) or having a family member test your skills using flashcards. [Here is a set of flash cards and multiplication table.](#)

NUMERACY

Keep that mathematical mind fresh by doing at least 1 math activity a day. Some ideas: puzzles, board games, shopping (dealing with money), baking (fractions), scheduling (time), cards (number sense), etc. On days where you can't think of an activity, do half an hour of a math site such as Sumdog or Prodigy

CREATIVE

Pick a ["Sit Spot"](#) near your home (desk, backyard, or a nearby park). Get into a routine of sitting in the same spot 1-3 times a week, for 5-15 minutes and observing nature from that spot (see instruction handout from the Sierra Club of BC).

Record any observations in a journal or sketchbook and notice the changes throughout the summer. Remember to note the date, time, weather, any animals observed, sounds and changes in plants.

PHYSICAL ACTIVITY

Grow a garden! Start by doing some research to figure out your garden location, and what you'll grow (flowers, veggies). There are many helpful videos and websites online such as:

<https://www.planetnatural.com/gardening-kids/>)

Make sure you tend to it over the summer by weeding and watering it. If possible, document the growth through notes and pictures.

PHYSICAL ACTIVITY

Try to do a different physical activity each day of the week. It's important to stay active over the summer, and luckily there's lots to do! Record what you do each day on a calendar and see how many days you can go without repeating an activity. Some ideas: beach day, play in the sprinkler, go for a hike at Glen Canyon, do a bike ride with a friend, have a picnic in the park, follow some Cosmic Kids yoga lessons..